



Calisthenics Buderim Inc

Competition Code of Etiquette

Attendance at every competition is required for all pupils in all sections. Students are to arrive and depart from competitions in full uniform. Make-up and groomed hair as requested should be completed before arrival. It is necessary to arrive at competitions at the time requested by your coaches.

For All (Parents, Audience members and Coaches)

- All young children must be supervised and be sitting with an adult in the theatre.
- Siblings are not to be playing or running around in foyer areas of theatres unsupervised.
- Show respect for those volunteering their time to help the competition run smoothly, such as door people and marshals and obey their rules.
- Observe theatre rules on where you can eat or drink.
- Respect participants and fellow audience members by not talking and moving around whilst a team is on stage.
- Give recognition to all teams who perform on the stage but remember not to call out the name of the team **(Of course you may clap for Calisthenics BUDERIM teams a little louder)**. We don't want the adjudicator to know which teams are competing.
- Be quiet around the stage area, as you can be heard from most dressing rooms and in the audience.
- Keep all your belongings together as there are others using the dressing room. Personal items and valuables should be left with a representative of your club. (CV and its ancillary organisations/committees and theatres will not be responsible for any losses)
- Stay in the theatre for all speeches and aggregate presentations.
- Clean and tidy the dressing rooms at the completion of competitions.
- Do not talk to the Adjudicator during the competition, even if you know her.
- All electronic devices are to be switched off in the theatre.
- Do not move around the theatre during an item.
- Observe all Smoke Free designated areas.

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For Competitors

- When entering the theatre, all legs, feet, and costumes must be covered. Please also cover legs and feet when warming up.
- Wear tracksuit pants and socks for warming up.
- Do not lean or press against the walls when wearing costumes.
- Do not verbally criticise your fellow competitors or the Adjudicator.
- For the comfort of those around you, you should refrain from walking around backstage in your body suit.
- Remember we are all representing Calisthenics Buderim at competitions whether we are performing or supporting, please be courteous and kind always.